

35th ANNUAL
PATRIOT CROSS COUNTRY INVITATIONAL
CUYAHOGA COMMUNITY COLLEGE WEST
SATURDAY SEPTEMBER 23, 2023
COACHES' NOTES

HAVE RUNNERS PIN ASSIGNED RACE NUMBER
ON FRONT OF RACE SINGLET
and FILL OUT Name, TEAM, Gender

Race Schedule

8:30 am middle school boys race (all runners)

9:00 am middle school girls race (all runners)

9:45 am men's varsity race (TEAMS MAY RUN UP TO 9 RUNNERS)

10:30 am ladies' varsity race (TEAMS MAY RUN UP TO 9 RUNNERS)

11:15 am men's open race (all teams)

12:00 PM ladies' open race (ALL TEAMS) if the open race has a
Small number of runners, we might run ONE open race

Incomplete teams can run IN VARSITY RACE

MEN'S VARSITY

1. LORAIN
2. NORMANDY
3. NORTH RIDGEVILLE
4. PADUA
5. MADISON
6. HOLY NAME
7. BEREAMIDPARK
8. RHODES
9. MIDVIEW
10. VALLEY FORGE
11. MAPLE HTS
12. HEARTS FOR JESUS
13. WEST SIDE CHRISTIAN
14. JOHN ADAMS

LADIES' VARSITY

1. MAPLE HTS
2. RHODES
3. NORMANDY
4. BEREAMIDPARK
5. MIDVIEW
6. NORTH RIDGEVILLE
7. MADISON
8. HEARTS FOR JESUS
9. HOLY NAME
10. PADUA
11. VALLEY FORGE
12. LORAIN
13. JOHN ADAMS
14. WEST SIDE CHRISTIAN
15. BROOKLYN HERITAGE

10,

MIDDLE SCHOOL BOYS

1. GREENBRIAR
2. SHILOH
3. HILLSIDE
4. HEARTS 4 JESUS
5. MIDVIEW
6. WEST SIDE CHRISTIAN
7. JOHNNIE WILSON

MIDDLE SCHOOL GIRLS

1. HILLSIDE
2. GREEN BRIAR
3. SHILOH
4. HEARTS 4 JESUS
5. MIDVIEW
6. WEST SIDE CHRISTIAN
7. JOHNNIE WILSON

1. RIBBONS & MEDALS GIVEN AT END OF CHUTE
2. TEAM AWARDS PRESENTED AT THE CONCLUSION OF THE RACE

1. THANKS TO CCC WEST FOR HELPING US HOLD OUR MEET FOR THE 31st YEAR
2. NO CAMPS OR HANG-OUTS IN BUILDING (THERE ARE CLASSES ON SATURDAY)
3. PLEASE REMIND RUNNERS THAT BATHROOMS ARE IN TRI C CLOSE TO ENTRANCE DOORS TO THE NORTH OR SOUTH OF THE POND WALKWAY. NO SPIKES IN BUIDLING!!

4. CLEAN UP YOUR AREA AFTER MEET.

5. PARKING FOR BUSES AND SPECTATORS SHOULD COME IN OFF OF PLEASANT VALLEY ROAD AND USE THE FIRST LOT ON THE LEFT BY START LINE. THE FIRST 2 ROWS WILL BE BLOCKED OFF FOR THE MEET.

TRADITION MEET HISTORY

MEN'S CHAMPIONSHIPS : HOLY NAME 12, NORMANDY 9, PARMA 4, PADUA 4, VF 2

LADIES' CHAMPS : HOLY NAME 23, PARMA 2, GARFIELD HTS 1, NORMANDY 2,
PADUA 2, VF 1

MULTIPLE CHAMPS : S. LINDEN (NORMANDY), R. ELLIS (PARMA), D. SHARMA (VF), BRASSIE (PADUA), T. LOSETTO (PARMA) (2 EACH). **GIRLS** : L. THOMAS (GARFIELD HTS) , A. DiNAPOLI (VF), S. KOVATCH (VF) (3 EACH); B. TRELA (PARMA), S. ERSKINE (RHODES), L. BORSZ (HOLY NAME) (2 EACH)

COURSE RECORDS : VARIOUS COURSES, **ROCKY ELLIS (PARMA) = 16:21**,
SEDIAH ERSKINE (RHODES) = 19:26

TRI C TRIVIA

ALTHOUGH THIS IS THE 31st PATRIOT INVITATIONAL AT TRI-C WEST, THIS PROPERTY HAD A PREVIOUS PURPOSE DURING THE TIME FROM THE 1940'S TO THE EARLY 1960'S. TRI-C WEST CAMPUS BEGAN AS A COMMUNITY COLLEGE IN 1963 TAKING OVER THE BUILDINGS WHICH HAD A DIFFERENT PURPOSE DURING THE PREVIOUS 20 YEARS...ASK OLD FOLKS FOR THE ANSWER. THE MOUND TO THE WEST OF THE COURSE WAS A DUMP. CHECK THE WWII REMEMBRANCE AREA NEAR MAIN CLASSROOM BUILDING & POND AND READ LEON BIBB'S ESSAY ABOUT THOSE WHO WERE PART OF THE GREAT GENERATION.